

Dierbergs Kitchen Nutrition Information - Pasta Entrées

Product Name ** Denotes Vegetarian- No Milk, Egg or Animal Products	Allergens	Serving Size (oz)	Calories	Total Fat (g)	Sat Fat (g)	Trans fats (g)	Cholesterol (mg)	Sodium (mg)	Carbohydrates (g)	Dietary Fiber (g)	Sugars (g)	Includes g added Sugar	Protein (g)	Vitamin D (mcg)	Calcium (mg)	Iron (mg)	Potassium (mg)	Gluten Free Ingrid.
Lasagna, Meat	Wheat, Milk, Egg	4 oz	220	13	7	0	35	550	14	<1	4	1	12	0	280	1	54	N
Lasagna, Roasted Vegetable	Wheat, Milk, Egg	4 oz	170	9	3.5	0	30	340	15	2	3	0	8	0	190	1	113	N
Mostaccoli, Meat Sauce	Wheat, Milk	4 oz	170	6	4	0	15	310	21	1	4	1	8	0	45	1	59	N
Pasta, Alfredo	Wheat, Milk	4 oz	230	10	4.5	0	20	340	27	<1	3	0	7	0	135	1	102	N
Pasta, Alfredo with Chicken	What, Milk	4 oz	220	11	5	0	55	510	15	0	2	0	16	0	131	0	272	N
Pasta, Con Broccoli	Wheat, Milk	4 oz	200	10	4.5	0	20	390	20	1	3	0	6	3	130	1	148	N
Pasta, Con Broccoli with Chicken	Wheat, Milk,	4 oz	190	10	4	0	30	390	18	<1	3	0	8	0	103	1	165	N
Spaghetti with Meatballs	Wheat, Milk, Egg, Soy	4 oz	220	10	3	0	20	420	22	2	3	1	9	0	35	1	114	N
Spaghetti with Meat Sauce	Wheat, Milk	4 oz	170	6	4	0	15	300	20	1	4	1	8	0	46	2	82	N
Spaghetti w/ Maarinara (PB)	Wheat	4 oz	160	6	0	0	330	24	2	5	5	1	4	0	34	1	29	N